# **Good Food Store & Catering Co.**

Bethel, ME 04217 207-824-3754 info@goodfoodbethel.com

## 2023: Dinner Menus and Service

Thank you for contacting us about our catering services. You will find below a full set of dinner menus, each with appropriate side and dessert choices. There is a minimum number of 20 adult guests for these menus.

We also offer **appetizers and vegetarian and vegan choices** (following the dinner menus), and we can be sensitive to food restrictions, just let us know. All menus are priced for Pick-up or, when available, Delivered service. Something you don't see? Try our website for a list of our full menu items at <a href="www.goodfoodbethel.com">www.goodfoodbethel.com</a> or <a href="www.goodfoodbethel.com">www.smokingoodbbq.net</a>, or phone us to discuss your wishes. We're glad to work with you.

If you have a group that is smaller than 20, we do offer prepared foods that you can pick up at the store and heat at your convenience.

## **Service Options**

## Pick-up:

All food is prepared at the Good Food Store. You pick it up from our retail location at 212 Mayville Road, Bethel, between the hours of 11:00 AM-6:00 PM. Meals can be picked up hot or cold, your choice.

### \*When Available\* - Delivered:

All food is prepared at the Good Food Store. We deliver to your location, and set up your meal ready for service. We then depart, leaving you to enjoy your guests and handle clean up on your own schedule. There is an additional charge for delivery if your location is outside our service area.

## **Lobster Bake**

## Starter

(choose one for the group)

Steamed Clams
Roasted Mussels with White Wine, Garlic and Pistachios
Clam Chowder

## **Main Course**

(all three available, will need an exact count 2 weeks in advance)
Steamed Lobster with Lemon and Drawn Butter
Grilled Sirloin Steak
Grilled Chicken Breast

Fresh Corn on the Cob Red Potatoes

(choose one for the group: Roasted Reds or Red Potato Salad)

#### Salad

(choose one for the group)

Coleslaw

Mixed Green Salad with Garden Vegetables,
Vinaigrette & Ranch Dressings
Tossed Field Greens with Mandarin Oranges, Blueberries, Red Onion,
Toasted Pecans & Balsamic Vinaigrette

Ciabatta Bread with Butter

#### Dessert

(choose one for the group)
Blueberry Cheese Pie (a light version of a cheesecake)
Strawberry Shortcake with Whipped Cream
Assorted Cookies and Brownies

**<u>Pricing:</u>** 8% ME sales tax not included in menu price

Pick-up: Lobster (depends on mkt price): \$45 - \$53 pp.

Steak: \$41 pp. Chicken: \$36 pp.

**Delivery:** Lobster (depends on mkt price): \$48 - \$56 pp.

Steak: \$44 pp. Chicken: \$39 pp.

# **Surf and Turf Night**

Pick-up: \$57 per person (plus 8% ME sales tax)

Delivery: \$60 per person (plus 8% ME sales tax)

### **Main Course**

Roast Tenderloin of Beef
served with (choose one) – Red Wine Reduction, Bordelaise, Horseradish,
and/or Gorgonzola Sauces
and
Marinated Grilled Shrimp

# Salads/Sides

(choose three)
Spinach Salad with Blue Cheese, Toasted Walnuts and
Pear-Reisling Vinaigrette

Tossed Field Greens with Mandarin Oranges, Strawberries, Toasted Pecans & Balsamic Vinaigrette

Herbed Green Beans Roasted Asparagus

Rice Pilaf with Cranberries and Toasted Almonds
Roasted Red Potatoes

Ciabatta Bread with Butter

#### Dessert

(choose one)

Flourless Chocolate Cake with Raspberry Sauce
Apple Crisp with Fresh Whipped Cream
Mini Cream Puffs with Homemade Chocolate Sauce and
Whipped Cream

## **Customer Favorites**

Pick-up: \$39 per person (plus 8% ME sales tax)

Delivery: \$42 per person (plus 8% ME sales tax)

### **Main Course**

(Choose two)
Chicken Marsala
Moroccan Chicken
Beef Burgundy

Pork Tenderloin with Sweet Potato Pecan Sauce Italian Roast Pork Loin with Rosemary-Onion Pan Gravy Herb Dusted Roast Salmon with Lemon Caper Onion Relish (add'l \$5 pp)

# Salads/Sides

(Choose three)
Garlic Mashed Potatoes
Rice Pilaf

Herbed Green Beans Maple Whipped Butternut Squash

Tossed Field Greens & Garden Vegetables with Vinaigrette & Ranch Dressings

Caesar Salad

Ciabatta Bread with Butter

### Dessert

(Choose one)

Fruit Pie - Apple, Blueberry, Peach, Raspberry, or combination Chocolate Almond Shortbread Bars Mini Pumpkin Whoopie Pies

## **Grille Night**

Pick-up: \$41 per person (plus 8% ME sales tax)

Delivery: \$44 per person (plus 8% ME sales tax)

### **Main Course**

(Choose two)

Rosemary, Apple, Mustard Pork Tenderloin with a
Port-Balsamic Reduction

Grilled Orange / Ginger / Sesame Chicken Kabobs or Breasts
Basil-Lemon Chicken Kabobs or Breasts
Teriyaki Beef and Pineapple Kabobs

Marinated Grilled Bistro Steak with a Red Wine Reduction

# Salads/Sides

(Choose three)
Grilled Mixed Vegetables
Wild Rice Salad with Apricots and Almonds and Dried Cranberries

Roasted Root Vegetables
(Red Potatoes, Sweet Potatoes, Onions, Carrots)
Mashed Potatoes

Tossed Field Greens & Garden Vegetables & Homemade Dressings Arugula Salad with Toasted Pine Nuts, Grated Asiago & Grilled Red Onion Vinaigrette

Ciabatta Bread with Butter

#### Dessert

(Choose one)

Blueberry Crumble Bars

Mini Cupcakes – (choose two) Chocolate, Vanilla or Carrot with Chocolate,

Vanilla and/or Cream Cheese Frosting

Make Your Own Ice Cream Sundaes

# **Italian Night**

Pick-up: \$30 per person (plus 8% ME sales tax)

Delivery: \$33 per person (plus 8% ME sales tax)

## **Main Course**

(Choose two)

Meat Lasagna with Italian Sausage and Ground Beef

White Lasagna with Light Cheese Sauce, Chicken, Roasted Red Peppers, Spinach & Prosciutto

Butternut Squash Lasagna with Toasted Pine Nuts, Caramelized Onions & Light Maple Cream Sauce

Chicken and Broccoli Alfredo with Penne

Chicken Parmesan with Ziti and Marinara Sauce

## Salad

(Choose one) Caesar Salad

Arugula Salad with Toasted Pine Nuts, Grated Asiago & Grilled Red Onion Vinaigrette
Tossed Field Greens & Garden Vegetables & Homemade Dressings

Roasted Garlic Bread with Butter

#### Dessert

(Choose one)
Assorted Cookies and Brownies
Make your own Ice Cream Sundaes

Key Lime Pie with Whipped Cream

## **Mexican Night**

Pick-up: \$33 per person (plus 8% ME sales tax)

Delivery: \$36 per person (plus 8% ME sales tax)

## **Main Course**

(Choose one)

Grilled Chicken & Steak Fajitas with Sautéed Peppers and Onions

Chicken & Cheese Burritos and Pork and Green Chile Burritos

Taco Bar with (choose two)

Smoked Chicken, Pulled Pork, or Seasoned Ground Beef served with:
Shredded Lettuce, Tomatoes, Shredded Cheese, Sour Cream, Homemade
Salsa, Guacamole, Black Olives,
Hard Corn Shells and Soft Flour & Corn Tortillas

### Sides

(Choose three)
Spanish Rice
Refried Beans
Seasoned Black Beans
Mexican Street Corn Salad
Tossed Field Greens Salad with Garden Vegetables and
House-made Vinaigrette and Ranch Dressings
Mexican Chopped Salad with Honey-Lime Dressing

## Dessert

(Choose one)
Mini Cream Puffs with Homemade Chocolate Sauce and
Whipped Cream
Make your own Ice Cream Sundaes
Pecan Pie with Whipped Cream

# **Vegetarian Entrees (V = Vegan)**

By Request - Choose one per meal
Rosemary, Apple Mustard Tempeh Kabobs (V)
Baked Stuffed Portobellos with Roasted Vegetables, and
Provolone or Goat Cheese (V w/o cheese)
Pasta Primavera with White Wine and Garlic Sauce (V)
Tempeh Mediterranean
(tomato, onion, capers, calamata olives)(V)

# **Good Food Store Appetizer List**

Quinoa and Vegetable Stuffed Zucchini (V)

Priced per person (pp), each, or by the dozen – Minimum order for per person items = 10 people Minimum order by the dozen items = 2 dz.

# **Cold Appetizers**

\$3.00 pp Cheese, Fruit, and Cracker Platter

**\$4.50 pp** Artisanal Cheese, Fruit, and Cracker Platter

**\$5.75 pp** Artisanal Cheese, Charcuterie, and Cracker Platter with Grapes & Strawberries

\$2.00 pp Tortilla Chips and Homemade Salsa

\$25/pt. Smoked Salmon Dip served with Cucumbers and Crackers

**\$2.25 pp** Bruschetta with choice of Three Toppings:

Tomato -Basil Salsa

Spinach-Goat Cheese & Pine nuts

Olive Tapenade

Artichoke Spread

**\$3.00 pp** Dipping Trio - Your choice of Three Dips served with a medley of vegetables and pita chips. Dip Choices:

Hummus - Lemon Tarragon – Mediterranean - Olive Tapenade Zesty Sweet Potato - Herbed Sour Cream

\$2.50 pp Dipping Duo – Same as above with choice of Two Dips

\$2.00 pp Dipping Solo – Same as above with choice of One Dip

\$99 /side (2.5 lbs) or \$49/sm. side (8 oz) Smoked Salmon

with Accoutrements

**\$3.00 ea.** Spring Rolls with a Sweet-Hot Dipping Sauce – **min. order 15** rolls

\$26/ 9" Tin Seven Layer Dip and Tortilla Chips\$38/pt. Crab Dip served with Cucumber Rounds and Crackers\$20 dozen:

Fresh Mozzarella and Cherry Tomato Skewers
Thai Beef Skewers with Jalapeno-Lime Dipping Sauce
Shrimp Cocktail
Asparagus Wrapped in Prosciutto
Beef Carpaccio with Arugula Pesto

## **Hot Appetizers**

\$7.75/dz BBQ, Sweet & Sour or Swedish Meatballs (small) \$38/pt. Hot Crab Dip w/crackers and cucumbers \$17 dozen:

Italian Stuffed Mushrooms
Spinach, Bacon and Goat Cheese Stuffed Mushrooms
Chicken & Mushroom in Phyllo Cups
Chicken Satay with a Peanut Dipping Sauce
Blue Cheese, Apple and Walnut Phyllo Cups
Moroccan Chicken Phyllo Cups
Bean and Cheese Enchilada Cups

## **\$20** dozen:

Fig and Manchego Cups Twice Baked Potato Bites Beef Enchilada Cups

## **\$23 dozen:**

Spanakopita Triangles
Wild Mushroom Risotto Cakes
Parmesan and Truffle Oil Risotto Cakes
Brie Cups with Apricot and Raspberry

## \$25 dozen:

Crabmeat Stuffed Mushrooms Arancini Scallops Wrapped in Bacon Lobster Stuffed Phyllo Cups

### \$30 dozen:

Chorizo Stuffed Dates wrapped in Bacon Mini Crab Cakes with Zesty Tartar Sauce