

We're excited to welcome you to Sunday River soon! Here's your guide to ensure you have the most enjoyable stay at The Glen House. Please share this email with all guests. For more details, explore our house and area guides, floor plans, day trip ideas, vendor recommendations, and more [here](#). If you have any questions at all about the house or the area, please give us a call or drop us a note. We look forward to hosting your trip!

ARRIVAL AND TRANSPORTATION

Find The Glen House at 42 Wilderness Drive, Newry Maine 04261, and let Google Maps guide you there. For airport pick-up/drop-off, contact Stagecoach Shuttle. We're conveniently located 1.5 hrs from Portland International Jetport (PWM), 2.5 hrs from Manchester (MHT), and 3 hrs from Boston's Logan International (BOS). Private plane travelers can make use of the nearby Bethel airport, followed by a free Sunday River Shuttle or Stagecoach Shuttle (207-357-5783). This paid service can transport you to and from any local destination. The Glen House is located at 42 Wilderness Drive, Newry Maine 04261. You can use Google Maps to navigate to The Glen House in Newry, Maine.

Check-in is 5 pm unless you have specifically made other arrangements with us ahead of time. The housekeepers won't allow you into the house (including kitchen and bathrooms) prior to that time so that they may efficiently get the house perfected for your stay. If you arrive early, you may want to consider stopping at the Chamber of Commerce Information Center where you can get additional area info (located on Parkway, next to the movie theater). The house will be unlocked on your arrival, and the keys will be in the center island in the kitchen, in the right hand drawer.

Check-out is 10 am unless you have specifically made other arrangements with us ahead of time. To enable us to get the house fully cleaned and turned over in time for the next check in, please run the loaded dishwasher and wash/dry your towels prior to departure. You may find it helpful to wash towels the night before.

OUTDOOR ADVENTURES & ATTRACTIONS

For additional outdoor ideas, check out [Bethel's Website](#) and Sunday River's [Activity Guide](#), [Sunday River Events Calendar](#) and [Trip Guide](#). A [bowling alley](#) is now open in Bethel! Ten-pin bowling, restaurant with pub food, sports bar, darts, arcade, billiards, cornhole toss, and music. Another resource to learn about local events (and there are many) is the [Chamber of Commerce](#). We encourage you to check out the local activities and special events that may be scheduled during your stay. The Black Diamond Entertainment Series presents some great children's show's at the mountain. Tickets can be purchased in advance or at the door. Other activities include the casino (hire the shuttle to drive you the 45 minutes or hit it on your way here or home), dog sledding, ice skating, zip line, fireworks, cross-country skiing, snowshoeing (see our attached guide for suggested locations), snow tubing, sledding (also in the back yard, sleds under carport) snowmobiling, Bethel Winterfest, cultural activities, etc.

Overnight and day **slopeside ski storage** is available at South Ridge at a special discounted Glen House rate! This is a fantastically convenient service that we use for our own family for the

season. Day storage is unlimited use, so you just hand your skis over every time you go in to lunch or a warm up break, and when you come back out they give your skis/snowboard back to you. No worries or searching. Overnight storage is just that. They lock them up for the night and hand them back when you are ready in the morning. No lugging your skis back to the car (even if your car is in the front row thanks to our VIP parking passes!). The discounted rate for overnight storage is \$4 pp, and day storage is \$2 pp. However, if you store your skis for multiple nights, the day storage is free. Just tell them you are Glen House guests to get the discounted prices. They are located in the gray building with a white roof, next to the children's ski school.

The Glen House participates in the **lift ticket group discount** program with Sunday River. Be sure to call at least a week ahead, tell them are staying at the Glen House, the dates, number of people, and the number of days, and they'll give you the pricing info. Tickets will need to be paid for with a credit card when the order is placed but can be paid for at the counter when you pick them up. Remember that children 5 and under ski free. Discounts do vary depending on the date, number of days skiing and number of people skiing (need 15-20 skiers). I am happy to share contact info for guests staying in the Bingham House and Glen House to combine skier numbers for the discount. See rates in the group rate section below. Here are other discount options as well. [Sunday River Lift Ticket link](#). The pre-purchase tickets can also be a good deal, and during mid-weeks can be cheaper than the group discount.

ACCOMMODATIONS

The Glen House offers a multitude of room options spread across three floors. [Floor Plans Here](#) and virtual tour [here](#).

Bed Arrangements are as follows (and illustrated on the attached floor plans) :

1st floor

Room 1: twin over full bunk beds

Room 2: king, pull-out twin bed, attached shared bath

Room 3: king, pull-out twin bed

Room 4: 3 twins 1 full (bunks)

Room 5: king, full size futon sofa bed, attached shared bath

2nd floor

Room 1: queen, attached shared bath

Room 2: king, private bath

3rd floor

Room 1: queen, pull out twin, private bath

Room 2: king, twin daybed, twin trundle bed , private bath

Theater, twin with pull out pop-up trundle twin

There are additional folding, portable twin beds and a crib and a pack and play that can be used in any room.

For **baby/toddler** supplies, we currently have at the house the following:

booster seat

high chair

Hook on chair

step stool
2 bed rails
full size folding crib
pack & play
infant and children's toys
Children's movies
sippy cups
bumbo seat
carnival style bouncy tent (can be used in the garage on rainy days)
Although we probably have most things you'd need, rentals for additional cribs or other supplies can be made through babyquip.com.

The **telephone number** for the house is 207-824-0390. Cell phone reception at the house is average for most cell phone companies.

AMENITIES & SERVICES

Stay connected with fiberoptic **wifi** and make use of our office area with a computer and printer. It is an open network. No password needed. For entertainment, we offer a theater with 340 DVDs, DirecTV channels, Hulu, Prime Video, Netflix, Disney, HBOMax, NFL pkg., and on-demand. The theater is set up for **presentations** from your laptop.

You will find 3 VIP front-row **parking passes** to use for front-row parking at the South Ridge and Barker base lodges on the inside of the pantry door. You will find these extremely useful during busy times, but be sure to be parked by 10 am. The Sunday River Stagecoach **Shuttle** picks up and drops off at the front door of the Glen house. The shuttle has capacity for 15 passengers at a time. You can also arrange for shuttle service between the house and restaurants, shopping, or anyplace else you'd like to go at any time by calling the Sunday River [Stage Coach](http://www.sundayriver.com) at 207-357-5783. This is a paid service such as a taxi would be.

For **grocery shopping**, there is a BJ's and a Sam's Club in Portland. On your way here on Rt. 26 in South Paris there is a Hannaford grocery store. Then in town Bethel there is a small, but good grocery [Mainely Provisions](http://www.mainelyprovisions.com). There is also a small market near the house, [The Barking Dawg](http://www.thebarkingdawg.com), that will deliver grocery items, beer/liquor, or prepared food right to the house! It's a great idea for your arrival day in particular, with your first night's dinner ready and waiting for you to enjoy when you arrive. You may also want to make a stop at the tax-free NH Liquor & Wine Outlet in [Portsmouth](http://www.portsmouthnh.com) on your way up. For food, we usually stock up in bulk by placing an online order for curbside delivery at Sam's Club in Portland. You will most likely drive right past it on your way up. Our shopper can also pick it up for you and stock the pantry prior to your arrival. She charges \$225 for this service. If you do not have a Sam's Club account and would like to use mine to place your online order, reach out. You can also place an online order for curbside delivery at Walmart in [Oxford](http://www.oxfordnh.com) (which you will drive by) or [Gorham](http://www.gorhamnh.com) NH (if you'd like us to pick it up), or at [Hannaford](http://www.hannaford.com) in Norway (you will drive by or we can pick up). Our shopper charges \$140 for delivery service from either of these locations. If we are doing the delivery/stocking service for you, please schedule it for a 1 pm pickup time with Michele Cox as the pickup person and give us a week's notice. After you place the order, email me the confirmation. Toilet paper,

soap, one roll of paper towels, dish soap, laundry soap, tea, and one morning's worth of coffee is provided. Flour, sugar, spices, and lots of other **supplies** are usually at the house for your use as well. However, these other supplies, which also include condiments, napkins, foil, oil, etc. vary as I do not regularly inventory them and can't guarantee specifically what will be there. If there is something specific that you must have, I'd recommend you bring it. Please ask if you have questions on supplies.

For fresh **lobster**, check your local grocery store. The house is equipped with all necessary lobster cooking and eating utensils. Lobsters must be alive when you cook them, so plan accordingly. Or have the Good Food Store cook them for you, which is recommended if you've never cooked lobster before (it can be messy and smells up the house, so is best done outside) 207-824-3754.

We have 3 personal **chefs** guests use often at the house but more are listed in our [vendor guide](#). Their menus are included in the above link. Chef Sadie can be reached at 207-689-4071 or sadie1299@hotmail.com. For groups of 20+, Dave or Heather can be reached at 207-824-3754 or info@goodfoodbethel.com or [The Good Food Store](#). I also recommend pre-ordering one of their Heat and Eat homemade meals and picking them up as you drive by. Gourmet in a Pinch is another great option. They are great for takeout on your arrival day as well. Contact them for more information [Gourmet in a Pinch](#), 207-824-6000, gourmetinapinch@gmail.com. They are complete caterers who rent party supplies for larger events at the house (i.e., tables, chairs, etc.) and can help with planning.

Mid-week or daily **cleaning** is available. The housekeepers charge \$40/hr. with a 3-hour minimum. They are very efficient. Plan on 3 hrs. of labor for a typical mid-week cleaning. You can give them a cap on the amount of time or let them know what you want to be done. Please give me at least two weeks' notice to schedule them. You will pay them directly.

Personal Concierge - Our caretaker, Tracy Rainey, is available to run any errands you may need during your stay. Anything from picking up tickets to delivering takeout food orders. She charges \$45/hr. for her time. Call her directly at 207-357-1113.

The Catholic **Church** (Our Lady of Mt. Snow) has services on Saturday nights. All other church services are held on Sunday (there is a list in the guidebook at the house).

The nearest **hospital** is St. Stephens Memorial in Norway. There is the Bethel Family Health Center in town.

LEISURE & RELAXATION

For **massage** services right at the house, I recommend Rebecca Fraser at [Mountain View Massage](#) 207-370-8580. Another great option for in-house pampering is [Skin Cayer](#) They will come to the house for pedicures (with their portable foot bath), manicures, and facials. To travel to a wonderful nearby spa, I'd recommend the Grand Jordan [spa](#) (hot stone massage, detoxification treatments) or [Higher Ground Healing Arts](#) right in the Village. The

Bethel Inn has full spa services right at the [Club](#) as well. For in-house makeup and hair styling, contact Frieda Charron at icednc.charron@gmail.com or [Hair by Frieda](#) or 757-870-4020.

For in-house **yoga** instruction, set up a class with Malinda (info@yogamoto.com 207-200-3815, [website](#)). She customizes the class to your needs with modifications and techniques to be able to include all ages and styles. She will bring all the mats, music, and oils. \$125/private group class. Another in-house option is [Open Sky Yoga](#) at 207-381-3296 openskyoga@gmail.com.

Photography - For great family portraits or to just capture some fun family memories, you may want to call one of the area's great photographers. [Yeah Bud Photography](#) is good, local option. See our vendor guide for a larger list.

Should you need assistance, please don't hesitate to reach out. Enjoy your stay at The Glen House!