We're excited to welcome you to Sunday River soon! Here's your guide to ensure you have the most enjoyable stay at The Glen House. Please share this email with all guests. For more details, explore our house and area guides, floor plans, day trip ideas, vendor recommendations, and more [**here**](https://drive.google.com/drive/folders/1bL7_fqbkZDSOPf5We1O-KZIrxJr-h4Xj?usp=drive_link). If you have any questions at all about the house or the area, please give us a call or drop us a note. We look forward to hosting your trip!  
  
**ARRIVAL AND TRANSPORTATION**

Find The Glen House at 42 Wilderness Drive, Newry Maine 04261, and let Google Maps guide you there. For airport pick-up/drop-off, contact Stagecoach Shuttle. We're conveniently located 1.5 hrs from Portland International Jetport (PWM), 2.5 hrs from Manchester (MHT), and 3 hrs from Boston's Logan International (BOS). Private plane travelers can make use of the nearby Bethel airport, followed by a free Sunday River Shuttle or Stagecoach Shuttle (207-357-5783). This paid service can transport you to and from any local destination. The Glen House is located at 42 Wilderness Drive, Newry Maine 04261. You can use Google Maps to navigate to The Glen House in Newry, Maine.

**Check-in** is 5 pm unless you have specifically made other arrangements with us ahead of time. The housekeepers won’t allow you into the house (including kitchen and bathrooms) prior to that time so that they may efficiently get the house perfected for your stay. If you arrive early, you may want to consider stopping at the Chamber of Commerce Information Center where you can get additional area info (located on Parkway, next to the movie theater). The house will be unlocked on your arrival, and the keys will be in the center island in the kitchen, in the right hand drawer.

**Check-out** is 10 am unless you have specifically made other arrangements with us ahead of time. To enable us to get the house fully cleaned and turned over in time for the next check in, please run the loaded dishwasher and wash/dry your towels prior to departure. You may find it helpful to wash towels the night before.

**OUTDOOR ADVENTURES & ATTRACTIONS**

In the area, you'll find an array of outdoor activities. Consider a thrilling whitewater rafting trip with [Be Outside](http://www.beoutside.com/) or [ELC Outdoors](http://www.elcoutdoors.com/). ELC provides full service, including transportation and meals. Errol is about 35 minutes away along a National Scenic Byway (Rt 26). It is an easy Class II family-oriented trip. For more adventurous types, try class IV rapids at Rapid River or Kennebec River. The Kennebec is further away at 3 hrs, but we do it annually.

For additional outdoor ideas, check out [Bethel's Website](https://www.bethelmaine.com/what-to-do/) and Sunday River's [Activity Guide](https://www.sundayriver.com/summer-and-fall-activities). There are so very many other outdoor activity options as well such as zip line tours through the mountains, bird hunting, clay shooting, mountain biking, horseback riding, gem mining, golf, swimming holes, waterfalls, scenic drives, hikes, lighthouse tours, whale watching. [Bethel Outdoor Adventure Center](http://www.betheloutdooradventure.com/) offers canoeing, kayaking, bicycling, fishing, youth programs, guide service, and team-building activities. They are located on Rt 2 near the Androscoggin River, across from the Big Adventure Center. [Sport Thoma](http://www.sportthoma.com/boat_rentals_bethel.php?osCsid=amabtuclqkq2crlqgl8o1odmu4) also rents canoes and kayaks for river trips. For ATV Rentals, check out For wildlife tours, boat rentals, guided river fishing trips, etc. visit [ELC Outdoors](https://www.facebook.com/ELCoutdoors/).The Mt Abram Mountain [Bike Park](https://mtabram.com/?page_id=179) is a blast. Take the chair lift up, and bike down. Or take the chair lift up, have a picnic with an amazing view, and take the chair lift back down. [Rock Hounding](http://www.rocksme.biz/) or [More Rock Hounding](http://www.digmainegems.com/) is another unique and fun experience in some of the amazing mines in this county. For guided hiking, biking, kayaking, and photography tours, I suggest [Mahoosuc Guide Service](https://mahoosuc.com/). For more information on Sunday River’s scenic lift rides, spa services and other activities and events, visit [Sunday River Events Calendar](https://www.sundayriver.com/x23297). A [bowling alley](http://riverlanesbethel.com/) is now open in Bethel! Ten-pin bowling, restaurant with pub food, sports bar, darts, arcade, billiards, cornhole toss, and music. Another resource to learn about local events (and there are many) is the [Chamber of Commerce](https://www.bethelmaine.com/what-to-do/). If you have a chance to visit the [Deertrees Theater](http://www.deertrees-theatre.org/), I recommend it. I am particularly fond of the children’s shows. It is a great old barn theater in the woods. Very quaint with wonderful talent. The new [Oxford Casino](http://www.oxfordcasino.com/) is about 50 minutes away on Rt 26. The Stagecoach Shuttle provides private transportation there. I provide you with hiking trail info, but here is a [video](http://www.youtube.com/watch?v=KD9btOof_Bk) with more info. Another fantastic way to spend a day is renting a pontoon boat or ski boat on Long Lake in Harrison. There are several marinas there, like this [one](https://www.harrisonmarinalonglake.com/). Any of the boat rental places on Long Lake in Harrison, Maine, which ties into Sebago Lake. Like this [one](https://dingleyswharf.com/?gclid=Cj4KCQjwk96lBhDHARItAEKO4xYpRHv4iNPq8IrYzaxAaSubhBgDUNFVnorgYAHfd9kyzYD7QZXpi2kSGgINDhAC8P8HAQ).

**ACCOMMODATIONS**

The Glen House offers a multitude of room options spread across three floors. [Floor Plans Here](https://drive.google.com/file/d/17v1xsPWG7IZ39gxiqwUE3xZAGSAOP3AF/view?usp=drive_link) and virtual tour [here](https://www.sundayriverrentals.com/virtual-tour-573970536).

**Bed Arrangements** are as follows (and illustrated on the attached floor plans) :  
1st floor  
Room 1: twin over full bunk beds  
Room 2: king, pull-out twin bed, attached shared bath  
Room 3: king, pull-out twin bed   
Room 4: 3 twins 1 full (bunks)  
Room 5: king, full size futon sofa bed, attached shared bath  
2nd floor  
Room 1: queen, attached shared bath  
Room 2: king, private bath  
3rd floor  
Room 1: queen, pull out twin, private bath  
Room 2: king, twin daybed, twin trundle bed , private bath  
Theater, twin with pull out pop-up trundle twin  
There are additional folding, portable twin beds and a crib and a pack and play that can be used in any room.

For **baby**/toddler supplies, we currently have at the house the following:  
booster seat  
high chair  
Hook on chair  
step stool  
2 bed rails   
full size folding crib  
pack & play   
infant and children's toys   
Children's movies   
sippy cups   
bumbo seat   
carnival style bouncy tent (can be used in the garage on rainy days)  
Although we probably have most things you'd need, rentals for additional cribs or other supplies can be made through [babyquip.com](http://babyquip.com).

The **telephone number** for the house is 207-824-0390. Cell phone reception at the house is average for most cell phone companies.

**AMENITIES & SERVICES**

Stay connected with fiberoptic **wifi** and make use of our office area with a computer and printer. It is an open network. No password needed. For entertainment, we offer a theater with 340 DVDs, DirecTv channels, Hulu, Prime Video, Netflix, Disney, HBOMax, NFL pkg., and on-demand. The theater is set up for **presentations** from your laptop.

For **grocery shopping**, there is a BJs and a Sam’s Club in Portland. On your way here on Rt. 26 in South Paris there is a Hannaford grocery store. Then in town Bethel there is a small, but good grocery [Mainely Provisions](https://mainelyprovisions.com/). There is also a small market near the house, [The Barking Dawg](https://barkingdawgmarket.com/) , that will deliver grocery items, beer/liquor, or prepared food right to the house! It’s a great idea for your arrival day in particular, with your first night’s dinner ready and waiting for you to enjoy when you arrive. You may also want to make a stop at the tax-free NH Liquor & Wine Outlet in [Portsmouth](https://www.google.com/maps/dir/?api=1&origin=&destination=100%20Rotary%20Way,PORTSMOUTH,%2003801&travelmode=drivingI) on your way up. For food, we usually stock up in bulk by placing an online order for curbside delivery at Sam’s Club in Portland. You will most likely drive right past it on your way up. Our shopper can also pick it up for you and stock the pantry prior to your arrival. She charges $225 for this service. If you do not have a Sam’s Club account and would like to use mine to place your online order, reach out. You can also place an online order for curbside delivery at Walmart in [Oxford](https://www.walmart.com/store/2183-oxford-me) (which you will drive by) or [Gorham](https://www.walmart.com/store/2634-gorham-nhNH) NH (if you’d like us to pick it up), or at [Hannaford](https://www.hannaford.com/locations/oxford-hannaford-20744in) in Norway (you will drive by or we can pick up). Our shopper charges $140 for delivery service from either of these locations. If we are doing the delivery/stocking service for you, please schedule it for a 1 pm pickup time with Michele Cox as the pickup person and give us a week’s notice. After you place the order, email me the confirmation. Toilet paper, soap, one roll of paper towels, dish soap, laundry soap, tea, and one morning’s worth of coffee is provided. Flour, sugar, spices, and lots of other **supplies** are usually at the house for your use as well. However, these other supplies, which also include condiments, napkins, foil, oil, etc. vary as I do not regularly inventory them and can’t guarantee specifically what will be there. If there is something specific that you must have, I’d recommend you bring it. Please ask if you have questions on supplies.

For fresh **lobster**, check your local grocery store, pizza shops, or even McDonald’s (cooked lobster rolls). To pick up lobster on your way to the house, reach out to [Capt. Hludik](http://capthludikcharters.com/). The house is equipped with all necessary lobster cooking and eating utensils.Lobsters must be alive when you cook them, so plan accordingly. Or have the Good Food Store cook them for you, which is recommended if you’ve never cooked lobster before (it can be messy and smells up the house, so is best done outside) 207-824-3754.

We have 3 personal **chefs** guests use often at the house but more are listed in our [vendor guide](https://drive.google.com/drive/folders/1bL7_fqbkZDSOPf5We1O-KZIrxJr-h4Xj?usp=drive_link). Their menus are included in the above link. Chef Sadie can be reached at 207-689-4071 or [sadie1299@hotmail.com](mailto:sadie1299@hotmail.com). For groups of 20+, Dave or Heather can be reached at 207-824-3754 or [info@goodfoodbethel.com](mailto:info@goodfoodbethel.com) or [The Good Food Store](http://www.goodfoodbethel.com/). I also recommend pre-ordering one of their Heat and Eat homemade meals and picking them up as you drive by. Gourmet in a Pinch is another great option. They are great for takeout on your arrival day as well. Contact them for more information [Gourmet in a Pinch](http://www.gourmetinapinch.net/), 207-824-6000, [gourmetinapinch@gmail.com](mailto:gourmetinapinch@gmail.com). They are complete caterers who rent party supplies for larger events at the house (i.e., tables, chairs, etc.) and can help with planning.

Mid-week or daily **cleaning** is available. The housekeepers charge $40/hr. with a 3-hour minimum. They are very efficient. Plan on 3 hrs. of labor for a typical mid-week cleaning. You can give them a cap on the amount of time or let them know what you want to be done. Please give me at least two weeks’ notice to schedule them. You will pay them directly.

**Personal Concierge** - Our caretaker, Tracy Rainey, is available to run any errands you may need during your stay. Anything from picking up tickets to delivering takeout food orders. She charges $45/hr. for her time. Call her directly at 207-357-1113.

The Catholic **Church** (Our Lady of Mt. Snow) has services on Saturday nights. All other church services are held on Sunday (there is a list in the guidebook at the house).  
  
The nearest **hospital** is St. Stephens Memorial in Norway. There is the Bethel Family Health Center in town.

**LEISURE & RELAXATION**

For golf enthusiasts, there are some very good **golf** courses in the area. The closest (the Glen House is located on the 1st hole), and the best is the Sunday River Golf Club. It is now owned by the Sunday River Resort. They have a dynamic pricing model, with rates varying by date and time based on anticipated demand. The Sunday River golf course is an excellent course, and I do encourage you to try it out. Top 100 Courses You Can Play - Golf Magazine, #1 Course in Maine – Golfweek, Top 10 Best New Upscale Public Courses - Golf Digest, Top 10 Best New Courses in the World - Travel + Leisure Golf. To reserve clubs, please do so directly with them at (207) 824-4653. Book tee times [here](https://shop.sundayriver.com/s/tee-times). Click [here](https://www.youtube.com/watch?v=tfj_Xd5JCx4) for an aerial tour (the Glen House is located on the 1st hole).

For **massage** services right at the house, I recommend Rebecca Fraser at [Mountain View Massage](http://mtviewmassageme.com/) 207-370-8580. Another great option for in-house pampering is [Skin Cayer](https://www.performancemassageme.com/) They will come to the house for pedicures (with their portable foot bath), manicures, and facials. To travel to a wonderful nearby spa, I'd recommend the Grand Jordan [spa](https://www.sundayriver.com/spa) (hot stone massage, detoxification treatments) or [Higher Ground Healing Arts](http://www.highergroundhealingarts.com/) right in the Village. The Bethel Inn has full spa services right at the [Club](http://bethelinn.com/site/spa-services) as well. For in-house makeup and hair styling, contact Frieda Charron at [icednc.charron@gmail.com](mailto:icednc.charron@gmail.com) or [Hair by Frieda](https://www.facebook.com/hairbyfrieda/) or 757-870-4020.

For in-house **yoga** instruction, set up a class with Malinda ([info@yogamoto.com](mailto:info@yogamoto.com) 207-200-3815, [website](https://yogamoto.com/#Home-Hero)). She customizes the class to your needs with modifications and techniques to be able to include all ages and styles. She will bring all the mats, music, and oils. $125/private group class. Another in-house option is [Open Sky Yoga](http://www.openskyyogabarn.com/janet-schroeder/) at 207-381-3296 [openskyoga@gmail.com](mailto:openskyoga@gmail.com).

**Photography** - For great family portraits or to just capture some fun family memories, you may want to call one of the area's great photographers. [Yeah Bud Photography](http://www.yeahbudphotography.com/Weddings) is good, local option. See our vendor guide for a larger list.

Should you need assistance, please don't hesitate to reach out. Enjoy your stay at The Glen House!